

2023

	Monday/Lundi					Tuesday/Mardi					Wednesday/Mercredi					Thursday/Jeu					Friday/Vendredi				
	PAO	JR	TT	Adult	Courts	PAO	JR	TT	Adult	Courts	PAO	JR	TT	Adult	Courts	PAO	JR	TT	Adult	Courts	PAO	JR	TT	Adult	
8:00																									
8:30									Adult Swim 8h30-9h30										Adult Swim/ natation adulte						
9:00				Adult Pickleball adulte 9-10h30	Adult Pickleball adulte 9-10h30								Bronze Medallion & Cross 9h-10h30	Adult Pickleball adulte 9-10h30	Adult Pickleball adulte 9-10h30				Bronze Cross				Bronze Medallion & Cross 9h-10h30	Adult Pickleball adulte 9-10h30	
9:30																									
10:00																									
10:30	Swimming Lessons/ Leçons de natation					Swimming Lessons/ Leçons de natation					Swimming Lessons/ Leçons de natation					Swimming Lessons/ Leçons de natation									
11:00				Yoga 10h-11 (Babysitting)	Kids Pickleball pour enfants Level 1 - 10:45 - 11:15 Level 2 - 11:30-12									Walking Groupe de marche 10h	Kids Pickleball pour enfants Level 1 - 10:45 - 11:15 Level 2 - 11:30-12									Yoga 11-12 (Babysitting)	
11:30																									
12:00	Supervised Lunch (5+) 12-1					Supervised Lunch (5+) 12-1					Supervised Lunch (5+) 12-1					Supervised Lunch (5+) 12-1									
12:30									Adult Workout										Adult Workout						
13:00																									
13:30	Arts & Crafts/ Bricolages 13h30 - 14h30	Swim Team/ Équipe de natation	Adventure Club/club d'aventure 13h30 - 15h30			PAO 13h-15h	Adventure Club/club d'aventure 13h-15h					Swim Team/ Drama 14h- 15h	Tween & Teen Club 13h-15h			Discovery Club Découverte club	Junior Club 13h-15h				Outdoor Games Jeux de plein air 13h30 - 14h30				
14:00								Leadership 14h-15h									Song & Danse & Chanson		Drama 14h-15h						
14:30																									
15:00								Swim Team/ Équipe de natation 15h-16h	Cards & Boardgame s/Cartes et jeux de société 15h-16h				Swim Team/ Équipe de natation 15h-16h				Swim Team/ Équipe de natation	Swim Team/ Équipe de natation 15h-16h	Kayak Club 15h-16h						
15:30																									
16:00																									
16:30																									
17:00																									
17:30																									
18:00																									
18:30																									
19:00	Bingo 19h-20h30					Teen Club/Club ados 19h-21h					Adult Pickleball adulte 19h - 21h														
19:30																Kids fun night/ Soirée 'fun' pour les enfants Movie Night/ soirée film 19h-21h									
20:00																									
20:30																									
21:00																									

Swimming Lessons (Monday-Friday) Cours de natation (du lundi au vendredi)				
10h00	Parent & Tot	Preschool 1 & 2	4	5
10h15				
10h30				
10h45	1	2 & 3	6	Rookie 1 & 2
11h00				
11h15				
11h30	Preschool 3 & 4	Preschool 5	Rookie 3	Bronze Star
11h45				
12h00				

TENNIS (Tues./mardi & Thurs./Jeudi)		Pickleball (Mon./lundi & Wed./merc.)	
9h30	Level 3		
10h00	Level 2		
10h30			
11h00	Level 1	Pickleball 1 - 10h45-11h15 10 & under/10 ans et moins	
11h30	Level 4	Pickleball 2 11h30-12h00 11 & over/11 ans et plus	
12h00			

Bronze Medallion 9-10:30 (W,F) Bronze Cross 9-10:30 (W, F) & 9-10 (R)